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The Kata and Bunkai DVDs



principles (Rules of Combat) that will aid the success of any defensive application.

This being so, plus the fact that simple and repeatable are the base-line of good defense - even though I have looked at and tested very many different examples, I look to

I want to clarify something. Someone - quite legitimately - commented that on the videos it looks like I might think that the Bunkai and OYO I present are the only correct techniques. From just the videos, it is a reasonable conclusion, but it is far from the truth. The fact is, after some 40 years of research and field-testing through different avenues - experience, Law Enforcement, situational analysis and so on - I have concluded that there are certain

teaching what to me seem the most principled and the most consistent with other Bunkai.

However, It does not mean I think these are the ONLY defensive techniques that could work - only that I believe them to be the most reasonable and reliable.

I also frequently show what I call 'Alternative waza' to the same technique because frequently there are different interpretations depending on the type of attack in question, and the physical

make-up of the defender.

If you attend the seminars all this is made very clear, but on video, I can only deal with one thing at a time, and, if I seem confident that they work - I am! Again, you might see me refer to Kyusho points by the terminology they are commonly ascribed. Once again - if you know my work (Past director of the International Institute for Kyushu Jutsu Research etc.) you

should know that I have no belief whatsoever in anything that cannot be scientifically tested and repeated. I completely discount mumbo-jumbo of invisible meridians (invented by a Frenchman after the Napoleonic Wars) and such nonsense as Ki or Chi. The vital points work through commonly understood physiological nervous-system reaction to stress.

I hope this clarifies some erroneous impressions - and I am aware it is probably my fault that this

view exists. Blame it on my enthusiasm, but not on a belief that I am the only source of knowledge. Last point - if you look at my early videos and compare them with the later ones, you will see I have sometimes changed a technique, or even show a different one all together - because it all evolves and is (hopefully) improved by further years of training and experience.

As ever, I am grateful for these points being raised, as it gives me the chance to reflect on how my work is perceived and check once again that I am being consistent. Thanks to all who take the time and trouble to correspond. Standing still means no progress, and stagnant water stinks - so there will always be an evolution in understanding and in training.

At a recent seminar in Germany, I was horrified to hear of a remark made to students taking part in an examination, by a



Why Kissaki-kai?

- * Kissaki-Kai teaches effective defensive karate
- * Kissaki-Kai promotes reality in training
- * Sport & Fun are not forgotten!
- * Family atmosphere
- * No Politics
- * Not Style dependent.
- * Recognized world-wide
- * International Dojo



Bad Bunkai Kills Karate



Matthias Fischer

It was very well attended by karate-ka from all over Germany and from Belgium, all of whom spent two days getting to grips with just such powerful and effective Bunkai.

The directors of the DKV (German Karate Association) only talk quietly, but nev-

Keeping the ashes rather than passing on the flame.

senior instructor in the DKV (Deutscher Karate Verband) who stated after seeing an effective but non-JKA approved type of defensive waza from a Kata:

"We don't want self-defense, we want Bunkai!"

That almost took my breath away, as it did to some of those who witnessed the event.

The sheer inanity and ignorance of such a remark, after all the knowledge of the history and the real defensive techniques contained with Kata is staggering!

Consequent to this, I include an article by German Karate Instructor Matthias Fischer who recently hosted a very successful Kissaki-Kai seminar in Wächtersbach.

ertheless audibly about a problem: The phrase 'membership loss' hangs in the air and gives rise to concern. The fashionable and certainly also expensive advertisement (karate for well being etc.) has apparently not been effective. the reasons for this are obvious: When I participated in the course to become self-defence instructor, we were told that the DKV had created this department because they had noticed that many reaching the advanced kyu grades suddenly stopped attending training and subsequently cancelled their membership.

Surveys showed that the motivation to start karate

originated in the wish to be able to defend oneself.

However, during the 6 months or year of membership, these karate-ka had learned nothing in their dojo that they could use in case of an attack. Due to my profession I have a lot of contact with young people.

Those who are interested in martial arts chose to a Thai-box-gym, learn MMA, Krav

Maga or Brazilian Ju-Jutsu. They consider these styles much more reality-

orientated than karate.

Very few of the students are interested in competition.

It certainly is not my intention to argue against competition. I hold the athletic achievements of the participants in high regard. I would much prefer to address the question of how we define the essential competence at the heart of karate. The debate regarding the loss of respect that karate once possessed in western societies, is a further issue.

The basis of my deliberations is the conviction that the original and intrinsic core competence of karate

lies in the art of self-defence.

This emphasis may have been shifted by the JKA after the 2nd World War, but in Okinawa it has remained true even today.

This is confirmed by all books known to me that deal with the history of karate.

We (all karate associations) have for years lived off the image created by the many Bruce Lee and Kung Fu films. Our dojo were full of people who wanted to learn the things shown in the cinemas. However, in the meantime the recognition has set in that many of the kihon techniques (hikite fist etc.) are no use in real life close combat, that randori according to rules does not reflect actual violent confrontations and that kata techniques do not explain themselves, i.e. that absurd bunkai is not *just* shown on the internet.

Why should those interested in martial arts come to Karate rather than to other martial arts?

- Because of the personal development aspect? Those are also promised by the other providers and the lay-



man does not know how to distinguish between them.

- Because karate is good for your health? Whoever is looking for fitness will rather go to Tai Chi that has already established itself in that area for many years.

- To practice the perfect movement? This goal is desirable, but not as an end in itself. There are a lot of different meditation forms on the market. Why should one torture oneself with karate?

- Because one enjoys competition? Yes, of course, but the number of those enthusiastic about this is very small.

- Because you want to be able to defend yourself? In which dojo do beginners learn this? Where is time left in training after kihon, kumite and kata? I do not want to decry any of these training elements! I can only see the problem that we do not (unable to or unwilling to) demonstrate the connection between this trio and the ability to defend oneself.

To be explicit: I very much like the traditional training and I find that good kihon is

the best preparation for self-defense training. However, I have already been training for a very long time and I am dealing with the phenomenon that outsiders do not think much of our wonderful art anymore. There is no point in lamenting the loss of membership. We must actively do something about it! What I have so far seen in ideas from the DKV, does not address the 'customer's needs' in my opinion. Why do we not remember our core competence? What stops us from learning realistic bunkai and teach it? I am afraid that should we continue like this, in a few years our tradition will be merely keeping the ashes rather than passing on the flame.

If we want to be taken seriously again in the market of possibilities in the martial arts, or martial sports, the aspect of self-defense should be put back into the focus. The Olympic license alone is not enough. Judo and Tae Kwon Do have already covered too much ground in this area for us to score points in the public interest with this.'

Matthias Fischer
Tengu Dojo Aufenau

Matthias hosted a terrific weekend of seminars with many more attendees as the word spreads!

This photo (right) should help you to deal with

Training Tip!

the problem of the attackers bending and turning to escape the final hand throw in various Kata.

Frequently, as Tori changes from the over-shoulder arm break in a turn to put pressure on Uke's wrist and therefore bring him to the ground, Uke has a chance to twist out of the technique. However, this is only possible if you forget to lower your gripping hands in a continual downwards motion as you turn.

This makes escape impossible



From Chinte or Jion Kata
You should have dramatically lowered your hands as you turn before reaching this point!

and the severe pain forces him to the ground.

GET INSPIRATION FOR YOUR TRAINING!

KISSAKI-KAI ONE MINUTE DOJO

New series of short FREE instructional Videos by sensei Vince Morris now on www.kissakiusa.com

Training hints, Kata bunkai, body mechanics, correct techniques, Rules of Combat - all your questions answered in short, to-the-point video clips.

Email or post your queries on training or Kata applications on www.kissakiusa.com or sensei Vince Morris' FB page:

Vince Morris.

See us on

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LOCATION: SPORTHAL "DE KRUISWEIDE". MARKT 28, 5975 AN, SEVENUM (LIMBURG)

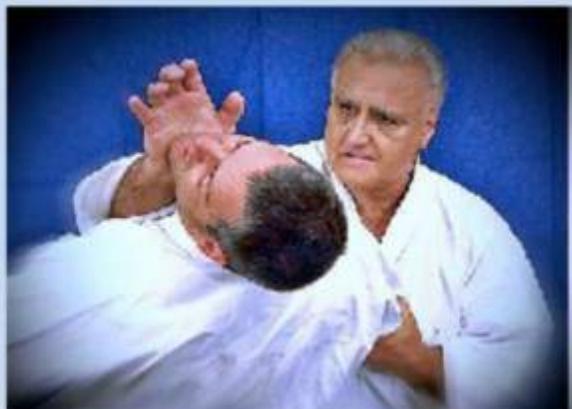


KISSAKI SEMINAR
21 MEI 2016
NETHERLANDS



Self-defense based on real karate.

Everyone welcome no matter what style you train in!



With
VINCE MORRIS
8th Dan Kissaki-Kai
One of the worlds most famous Masters.

TRAINING SESSIONS: 10.00 – 12.00 & 13.00 – 15.00

	KISSAKI MEMBERS	OTHERS
ONE SESSION:	€ 20,-	€ 25,-
BOTH SESSIONS:	€ 35,-	€ 40,-

**LOCATION: SPORTHAL "DE KRUISWEIDE".
 MARKT 28, 5975 AN, SEVENUM (LIMBURG)**

INFORMATION boris.deraeve@kissakikai.be tel. +32(0) 496 574 865

[BORIS.DERAEVE@KISSAKIKAI.BE](mailto:boris.deraeve@kissakikai.be)



Forthcoming Seminars

This year we have more seminars than ever scheduled in different countries and with a number of Kissaki-kai instructors! We hope you will join us on some of them!

Details can be found on our events calendar here: <http://www.kissakikarate.com/seminars.htm> and on [facebook.com/pages/Kissaki-Karate-International](https://www.facebook.com/pages/Kissaki-Karate-International)

We look forward to meeting all our old friends as well as many new people at the courses. Don't be afraid to take the plunge: Everyone is welcome! Please also remember that it is easy to hold a seminar at your dojo. Please contact vincemorris@kissaki-kai.com if you are interested.

Venlo, Netherlands, 21st MAY with Chief Instructor Vince Morris 8th Dan

Information: boris.deraeve@kissakikai.be tel. +32(0) 496 574 865 (See page 4)

LOCATION: SPORHAL "DE KRUISWEIDE". MARKT 28, 5975 AN, SEVENUM (LIMBURG)

Fürth - Germany, 24/25 September with Vince Morris 8th Dan

This year's seminar is under the heading of KISS - *'keep it simple, stupid!'*

Self-defence against single and multiple attackers Self-defence against knives

Techniques will mainly be based primarily on the Kata Empi amongst others, but no foreknowledge of Kata is necessary and all martial art students are welcome and will gain much from these seminars.

Sat 24.09.2016: 10-11.30, 12-13.30 and 14-15.00 **Sunday 25.09.2016:** 10-11.30 and 12-13.30

€40,- for both days, 25, for Sat only, €20,- for Sun only For registration please e-mail:

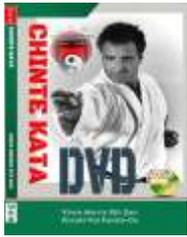
vince-morris-2016@karate-fuerth.de

Contact us if you would like to host a seminar in your own Dojo, in Europe or in the USA. It will not impose any financial stress, and we will work with you to ensure it is a success. Email us for details at ~info@kissaki-kai.com



Some of the participants at the Seminar 2016 in Germany

Books, DVDs, & Pads - order from www.kissakikarate.com



Chinte Kata

The essential bunkai of the kata 'Chinte' - 'Strange' or 'Unusual' hands. Chinese in origin, this kata is a toolbox of rapid and effective defensive methods of countering a variety of commonly occurring attacks. Long-time denoted as a female defensive kata, it contains many examples of vital point centered techniques, demonstrated by one of karate's most acclaimed and respected sensei. The principles of self-defence should be studied by all karate-ka. Over an hour of instructional video.

Genesis of Kissaki-Kai - Set of 4 DVDs

The Genesis set is a re-mastering of seminar samplers 1,2,4 and 5, showing the development of Kissaki-Kai Karate-Do: These 4 DVDs, recompiled from the earliest seminar videos, analyze and demonstrate the use of Kyusho points, the Flinch Reflexes, the 'Frisbee-uke' - the 'Rules of Combat' and much more. See how the application of research and logic altered the perception and practice of Bunkai! The quality is not as good as current DVDs but the content is important! \$50 NTSC (USA) £33 PAL (Europe)

The Secret Art of Pressure Point Fighting: Book & DVD-combo

Martial arts skills of masters who possessed a mysterious ability to defeat an opponent with a single perfectly placed blow. This book transforms the ancient legend into a modern reality - an anatomically based fighting and self-defence system that allows a small defender to defeat a larger attacker. - Over 300 step-by-step photos show each point and strike.

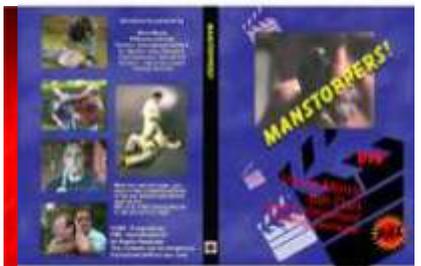
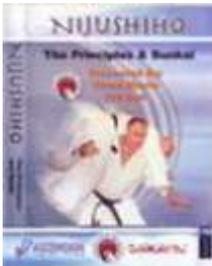
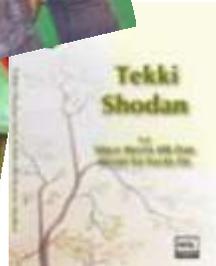
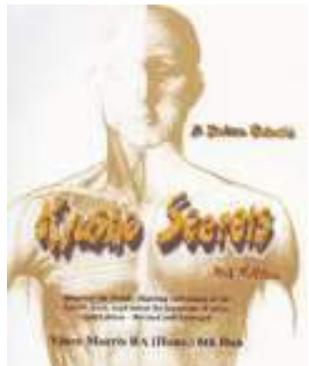
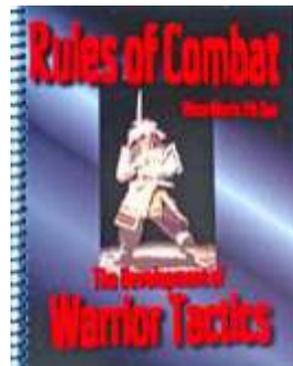
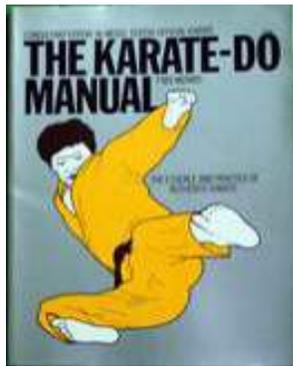
\$28 NTSC (USA) £22PAL (Europe) DVD shows detailed action and more than the book.

Essential Kissaki-Kai Karate-Do - Double DVD

This set is giving detailed instruction in the 5 levels of Kissaki-Kai Karate-Do: Atemi-waza, shime-waza, nage-waza and kansetsu-waza. A masterful compilation of real, effective, defensive combat techniques which should be studied by all karate-ka wishing to gain a full understanding of this defensive art. Based upon the 3-year distance learning program, but including much new material, this DVD set is an invaluable insight into how to make karate truly effective. Shin-ippou Kumite, the 'Rules of Combat', the use of Kyusho points, the flinch reflexes, the 'Frisbee-uke' - and much more is covered here!

\$45 NTSC (USA) £29PAL (Europe)

Go to the website shop to see all the books, DVDs and other items available (T-shirts, Protective pads etc.)



Available now from: www.kissakikarate.com/shop.htm